The questions below are to help you write in your journal. These questions are to help you be more specific and help if you have "writer's block" (which means you don't know what to write about). If you aren't having any trouble with thoughts, then you don't need these questions, but if you are I hope they help!

- 1.) Tell your journal about yourself. Tell it what year it is, what you are going through, what grade you are in, etc.
- 2.) When you first heard about the coronavirus (COVID-19), did you think it would cause you to have to go to online school?
- 3.) How is your day different now that you are in online school?
- 4.) What is it like to only be able to be with the people in your house?
- 5.) What do you think we need to do in the world to get through this?
- 6.) Have you thought of any inventions that could help?
- 7.) What do you miss the most about your "normal" life?
- 8.) What positive things have come out of this time? Have you been spending more time with family? Did you learn a new skill?
- 9.) What is something you would like to learn over this time?
- 10.) Have you read any good books lately? Watched any new movies? Played any new games?
- 11.) Tell your journal something funny that has happened.
- 12.) Tell your journal something sad that has happened.
- 13.) What do you miss the most about your school?